



- ✓ Stay at Home unless of Emergency
- ✓ Wash your hand frequently with soap and water or use alcohol-based rub.
- ✓ Avoid touching your face, especially your eyes, nose and mouth.
- ✓ Maintain distance of at least 1 metre from someone who is coughing or sneezing
- ✓ Seek immediate medical advice if you have fever, cough or are experiencing breathing difficulties
- ✓ When coughing or sneezing, cover your mouth and nose with flexed elbow or tissue or cloth
- ✓ When coughing or sneezing, discard the used tissue or other stuff immediately into a closed bin.

EcoHimal's response to Pandemic of COVID-19

COVID-19 has already caused many deaths and cases have risen to more than two hundred thousand, we urge everybody to act human, stay inside and spread awareness in our possible ways. Let's hope our earth will recover this infection soon.

COVID-19 is a world emergency, as a human being, it is our responsibility to take necessary actions. Since Nepal's lockdown has been extended up to April 28, 2020. In this context, we are trying our best in the following mentioned ways to mitigate the risks of the Coronavirus spread into the community. We have given priority to our current project areas in coordination with the donor, local government and stakeholders. Wherever and whoever we are, this is our humankind to support with our capabilities and resources.

Following the Nepal Government's directives, we are strictly following and fully cooperating lockdown. We know the COVID-19, does not come itself to your home, do not go out to invite it. Be safe, stay healthy.

Our current activities as COVID-19 RESPONSE

- EcoHimal Nepal PRESP Pahse II team members worked in Kavrepalanchowk district to support Mandandeupur Municipality (MDM) in the awareness campaign. The team members itself was first oriented about the measures to control the spread and transmission of COVID-19.
- All EcoHimal Himal's staff member participated in campaign through micking and household visit about COVID-19 awareness in Ward number 7,8,9,10,11,12.
- Installation of flex board in the community to raise awareness about COVID-19.
- Distribution of 20 soaps and 10 buckets to MDM ward number 8 as an example handwashing module.
- Collection and distribution of IEC materials to MDM published by the government of Nepal
- Supported 300 Bucket, 300 Bucket stand and 576 soaps to MDM to established handwashing facilities in the milk collection area, vegetable collection area, daily items market, shops, and other essential service providing areas.
- Communication among staff members has been regular through the online platform. Till the date, nine formal meetings were held through Skype, Zoom and Insta VC.
- For the wide-ranging area and community coverage, Radio Programme focusing Novel Corona Virus has been broadcasted in collaboration with Radio Namobuddha, Dhulikhel. At these lockdown stages, 4 episodes were aired for COVID awareness, precaution, protective measures, RDT and PCR test. One episode was about food security, agriculture and climate change in relation to this adverse situation of COVID-19 pandemic.
- Social sites such as Facebook, Instagram are loaded with COVID-19 awareness messages.
- Public awareness notice on EcoHimal's website and Facebook page.

- Procured and dispatched 5 PPE, 3 Fever scanning Thermal gun, 5-liter Glycerin, 30 N95 Masks, 500 disposable gloves, 10 liters Sanitizer (500 ml 20 bottles), 300 Pieces 3-layer protection mask to Mahakulung Rural Municipality
- Received 25 boxes of soaps from Unilever Nepal. Dispatched 1,296 pcs to Thulung Dhudhakoshi RM, 1,296 pcs to Mahakulung Rural Municipality and 1,008 pcs to MDM.
- Considering the importance of drinking water in this emergency situation, to stabilize the drinking water system providing necessary HDP pipe in ward number 6 of MDM.
- Continuing the drinking water system project in Bhotkhola Rural Municipality, Sankhuwasabha district maintaining social distance. Three systems for about 150 HHs are in progress.
- Improved Cooking stove project in Chepuwa; Transportation of stoves up to road head has been done. Few pieces are stocked to deliver at Gola.
- 166 kilograms different varieties of summer vegetable seeds supported provided to Thulung Dudhkoshi Rural municipality to distribute to local farmers. Considering the urgency of fast home-grown food especially vegetables in this hostile situation.
- Handwashing system established in Bhumlu RM ward 9 providing 20 buckets and 40 soaps.
- A support plan is under consideration for Mapya Dudhakoshi and BhotKhola RM. Discussion and planning are in progress.
- Regular Coordination maintained via online media with donors, stakeholders, and beneficiaries. The Glacier Trust Supported 3,000 UK Pound already for this COVID-19, pandemic relief mission. The Crowded funder is ongoing. It was a successful mission of TGT and Dr. Morgan in particular.
- Preparing and submitting a number of concepts notes and proposals for COVID-19 relief/response funder.
- Documented all staff members experience in this lockdown period.
- EcoHimal has adopted work from home strategy, all reporting work has been done from responsible staff members.
- Staff and board meetings have been halted until further get-together possible.
- Documented meeting minute of online meetings.
- Social media coverage of the organization is being documented.
- Photo documentation is being done.
- Taking into consideration the fieldwork will continue, all staff members were supposed to be supported with masks, sanitizers, gloves and other related PPE equipment. For the time being, all field activities are in a halt.

The Ecohimal Nepal team in the central office and field office will be working from home until extended lock-down uplifts. We, the Ecohimal team possess good health until now and in regular contact with each other, updating work progress in alternative days. We are planning to be more interactive in the COVID-19 impact phase.

Narayan Dhakal
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EcoHimal Nepal

