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“Reach the Unreached”

VOL 2

IN THIS ISSUE

Project completed successfully
Current Projects updates
COVID-19 Relief updates

Dear Funding Partners, Collaborators, Supporters, Well-wishers, and Friends

Namaskar!

We are pleased to share the quarterly updates of our work in supporting rural communities with Health, Nutrition, Education, Environment, WASH, Livelihood, and Reconstruction of school buildings and COVID-19 Relief. During this period, (July 15th - October 15th) we successfully completed 5 projects of small and bigger sized. 13 projects are currently being implemented in remote regions of Solukhumbu, Khotang, Sindhupalchowk, Achham and Kavrepalanchok.

The basic focus has been on the following thematic areas:

- Climate Change, Adaptation, Natural Resource Management and Rural Livelihoods
- Health, Education, WASH & Nutrition
- Renewable Energy
- Reconstruction & COVID-19 Relief and Response

A. Climate Change, Adaptation, Natural Resources Management and Rural Livelihood

- Household level need assessment and verification on animal husbandry, tree crops, and cereal crops, as well as cash crops, were carried out in Dugunagadi village of Bhotekoshi Rural Municipality (BRM), Sindhupalchowk.
- Hamlet wise farmers group (Agri/Vet) and women's group have been formed as a foundation for Agroforestry project implementation.
- Despite the pandemic, green vegetable production and consumption started in 156 households and, they have established kitchen gardens. In this period, 2.8 tons of vegetables were produced, of which, 1.9 tons were consumed, and 0.9 tons were sold worth NPR 44,830.
- 2,774 tree crop seedlings are planted on the marginal land at the Deusa Agro Forest Resource Centre (DAFRC)
- A new greenhouse is installed at Mandan Deupur AFRC for seedling production.





- More than 10 tons of organic vegetables are produced by 6 Organic Villages (OVs) in Mandan Deupur Municipality (MDM)
- A revolving fund of Nepali rupees 5 hundred thousand was created at small entrepreneurship schemes at MD-AFRC to provide soft loans to needy local farmers.
- 20 trainings (2 in MDM, 3 in Khotang and 15 in Solukhumbu) conducted, and 382 farmers were trained on the negative impact of pesticides, nursery management and pest infestation control.
- 97 students of secondary grades of MDM are trained in school garden management in their respective schools.
- A prefab building is under construction in the MD-AFRC premises to fulfil the working space.
- 59 members of the satellite nurseries of Thulung Dudhkoshi RM were trained in nursery establishment and its management techniques.



- 243 farmers were supported with different varieties of summer vegetable seeds in Solukhumbu.
- Constructed a spice and local product collection centre in DAFRC.
- 4 pre-fabricated houses for office and training purpose in Aaiselukharka and Rawabesi RMs are in the final stage of construction.
- All 4 AFRCs in Khotang have started providing their services to the farmers.

B. Health and Education



- Adolescent Sexual and Reproductive Health (ASRH) education was provided to 365 school going children of MDM.
- ASRH MEETs were organized in 6 schools for 202 adolescent children (76 male and 126 female) of MDM.



- 34 local mothers were trained on breastfeeding, and nutrition during World Breastfeeding Week 2021. Furthermore, 30 local mothers were educated on sanitation, personal hygiene, and uterine prolapse management in MDM.
- 50 poor and needy children were supported by the self-generated scholarship program in MDM.
- 2 poor and helpless (school dropout) children of MDM were re-enrolled in school supporting logistics, and educational requirements.
- Radio listeners groups have been formed in 2 schools of MDM
- A rapid need assessment was conducted in the local schools of Turmakhand, and Dhakari rural municipalities (RMs) of Achham district.



- Two days long, 6 trainings were conducted to capacitate 73 local “Focal Teachers” as Adolescent Sexual and Reproductive Health (ASRH), and Menstruation Health Management (MHM) resource persons from 21 schools.
- 500 copies of training manuals on ASRH were prepared, printed and distributed to 21 schools in Turmakhand and Dhakari RMs.
- 83 school children from 2 schools were educated on ASRH and MHM issues.
- The establishment of RED ROOMs as a private space for girls to rest during their menstruation period and a resource centre for recreation are under process.
- 2 children studying in grade 9 at Bibhuti Secondary School were transferred to new schools: Mikma Lama to Vijayapur Education Foundation in Dharan and Milangjuk Lama to Tirupati English Boarding High School, Kapan.
- An internet tower was installed in Khiraule village to improve the network reception for the improvement of education and communication. Internet facilities installation are under process.



C. WASH, Nutrition and Renewable Energy

- 20 biogas digester installation is ongoing in Duguna Gadi. 9 are installed and in operation in the 1st phase.



- Drinking water construction is in its final stage of completion in Duguna village. 5 intakes, 7 reservoirs tanks (RVTs), 5 brake pressure tanks, 194 taps, and 175 grey water filter system have been constructed.
- In Duguna village, 120 toilets construction is ongoing with 50% of the work completed.
- A four compartment gender sensitive toilet is under construction in Shree Dwarpaleshwar Secondary School.
- Drinking water construction in Khiraule village is completed providing safe drinking water to 82 households.
- Two drinking water systems' construction in Bhotkhola RM is under preparation.



D. School Buildings' Reconstruction

- 3 school buildings have been constructed and retrofitting of one school building is ongoing in MDM.
- A bi-partite agreement between EcoHimal Nepal and the Rotary Club of Durbarmarg was carried out to construct a two-story, four-roomed RCC building in Shree Janajagaran Basic School of Bhumlu RM of Kavreplanchowk. The construction is ongoing.



E. COVID-19 Relief and Response



- 320 sets of hygiene kits was handed over to the local governments of Aiselukharka and Rawabesi to support COVID-19 patients.
- 17 episodes of Radio Program Hamro Jeevan (Our Lives) were produced and broadcasted via 3 local radios to raise public awareness about COVID-19 prevention.
- Construction of multipurpose centers in the Aiselukharka and Rawabesi RMs is in final stage.
- 600 children of Aiselukharka and Rawabesi RMs supported with food packages of 5 kgs each in association with local governments.



- Tripartite MoU between local governments, ICT4D and EcoHimal conducted for Digital Health Services installation.
- 27 sets printers (with 51% financial contribution from Aiselukharka) supported to 27 local schools to provide handouts and assignment papers to children.
- 28 laptops supported under the "A School, A Laptop" concept of Rawabesi RM for learning materials preparation to students.
- 224 episodes of the radio program "Learn by Radio" are shared in both RM's.
- The procurement process of the preventive and protective materials for Mapya Dudhkoshi and Necha Salyan Rural Municipalities of Solukhumbu is on-going. Quoted prices of the required materials have been received and procurement is yet to be done.



Thank you for your valuable donations to serve rural mountain unreached communities.



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